





Joan Didion - Why Do We Tell Ourselves Stories?

Joan Didion (1934-2021) was an American writer, whose work deals with political and social realities and scenes. Her memoir The Year of Magical Thinking is an acclaimed classic about mourning.

"We tell ourselves stories in order to ____"

JOAN DIDION

Questions

- 1. What word is missing from the quote?
- 2. Do you agree with the statement in the quote?
- 3. Can you think of something we take for granted but is actually a story we tell ourselves? What does that imply on the things we believe in?
- 4. Can you think of a current event or an event from your own life that corresponds with the quote? Does it relate to a tv show, a movie, a game or a book that you like?
- 5. Make up your own quote or saying. If you had one message to convey to the world, what would it be?